

Topics for Tonight

1. Trading Facts No One Has Ever Told You:

- Your Trading is in a Mess
- There is Nothing Wrong with You
- You Do Not Want to Get Out of the Mess
- Your Attachment to Money is the Main Cause of Your Troubles
- Charts Don't Solve Your Problems

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| Trading Fact # 1



Is Your Trading in a Mess?

Are you able to execute your plan on a consistent basis?

Do you experience confusion, chaos, or internal conflict?

Is there a gap between your skill level and your results?

| Trading Fact # 2



If so... it is probably because you have wrong ideas...

Not because there is anything wrong with you.

Trading Fact # 3

Most traders do not want to get out of the mess. They do not want be consistently profitable. They want other things...

Quote: *"Win or lose, everyone gets what they want from the market." – Ed Seykota*

Trading Fact # 4

**Your attachment to money is the main cause
of your failure!**

Quote: “When an archer shoots for nothing he has all his skill. If he shoots for a brass buckle he is already nervous. If he shoots for a prize of gold he goes blind. He is out of his mind! He sees two targets. His skill has not changed. But the prize divides him. He cares. He thinks more of winning than of shooting and the need to win drains him of power.” – Tranxu

Trading Fact # 5

If you were not actively engaged in making yourself a losing trader, you would be successful.

Quote: “A blindfolded monkey throwing darts at a newspaper’s financial pages could select a portfolio that would do just as well as one carefully selected by experts.” – Burton Malkiel

Trading Fact # 6



Charts do not solve your problems

(they transfer the bomb from under your lap to under your seat)

Hey CC,

1st, you gotta realize that this is normal, quite normal indeed.

2nd, if I were to suggest anything that would "enable your mind to switch gears," it has to be this: stop doing what you know does not work. Forget about figuring out what works, and just worry about what does not work. If you are not consistently profitable, you do not yet know what works, and quite frankly, what works is relative. What works for me may not work for you, so I can never tell you what works. What I can tell you is that when you stop worrying about figuring out what works and instead focus on eliminating what you know does not work (based on your experience of course), your trading will take a giant step forward.

That is the biggest piece of advice I can give anyone.

As the quote goes...I do not know the key to success, but the key to failure is....." (fill in the blank) and then just work on eliminating it.



1. Redefine success

2. Understand thoroughly how fear and hope cause a lot of problems:

- Prevent you from reading market information objectively
- Make you act on impulse rather than hard logic
- Lose self-confidence to always act in your own self-interest
- Many more issues...

3. Accept the risk before putting on a trade.

- Not accepting the risk is how the vicious cycle begins for most traders

4. Stop perceiving market information as either painful or happy.

5. Maintain an objective state of mind...

- By monitoring your stream of thoughts (tip: video record your trades)

6. Know that most of your losses are the result of your attitude.



Thanks!

Questions?

Please reach out to our customer service team

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